


MONITORING \_\_\_\_\_



# Blood Glucose Record

\_\_\_\_\_ target blood glucose range  
 week starting \_\_\_\_\_ medication \_\_\_\_\_

		breakfast		lunch		dinner		bed-time	ketones	comments
		before	after	before	after	before	after			
SUN	blood glucose									
	time									
	medication									
MON	blood glucose									
	time									
	medication									
TUES	blood glucose									
	time									
	medication									
WED	blood glucose									
	time									
	medication									
THURS	blood glucose									
	time									
	medication									
FRI	blood glucose									
	time									
	medication									
SAT	blood glucose									
	time									
	medication									