

## Berwick Cyclists 2018 Programme

<b>Date</b>	<b>Route</b>	<b>Miles</b>	<b>Leader</b>
Sunday 13 <sup>th</sup> May	<b>Through the Grounds of Marchmont House</b> <b>Norham - Whitsome - Duns - Marchmont House - Kelso - Eccles - Norham</b>	49.0	Keith
Sunday 10 <sup>th</sup> June	<b>Into The Lammermuirs</b> <b>Berwick - Ayton - Grantshouse - Abbey St Bathans - Duns - Whitsome - Berwick</b>	52.2	Tony
Sunday 8 <sup>th</sup> July	<b>In the Tracks of the Romans</b> <b>Berwick - Ancroft - Lowick - E. Horton - Wooler - Etal - Berwick</b>	42.2	Keith
Sunday 12 <sup>th</sup> August	<b>A Taste of the Southern Uplands</b> <b>Selkirk - Midlem - Lilliesleaf - Minto - Hawick - Ashkirk - Selkirk</b>	38.0	Tony
Saturday 25 <sup>th</sup> August	<b>Sponsored Ride in Aid of AGE UK, Northumberland</b> Berwick to Ashington along the Coast. Travel in one direction and get you and your bike brought back by AGE UK Northumberland people carrier.	~70.0	Ralph
Sunday 9 <sup>th</sup> September	<b>Over Flodden</b> <b>Berwick - Ancroft - Lowick - Kimmerston - Milfield - Cornhill - Horndean - Berwick</b>	43.4	Keith
Sunday 7 <sup>th</sup> October	<b>Into the Cheviots to Roman Camps on Dere Street</b> <b>Kelso - Roxburgh - Jedburgh - Oxnam - Pennymuir (picnic) - Hownam - Kelso</b>	39.2	Tony

Tony Houghton  
28<sup>th</sup> April 2018