

TRUST

“Whoever trusts in My mercy will not perish, since all his problems are Mine”

(Diary 723)

WEEK FIVE



Today we are talking about trust, that feeling so requested by Jesus, who even wanted it to be written under His image of Divine Mercy, as if we never had to forget it. These reflections are from the book of St. M. Elżbieta Siepak CSBVM, entitled “The Spirituality of Saint Faustina. The way to “union with God”. I could never have expressed this concept so well, using my mind. In spoken language, saying I trust is like saying: I completely believe in another person, I entrust my life today and tomorrow, I know that I can count on him, I am sure of his selfless love and his help if I do have such a need. Such a concept of trust is close to the biblical concept of faith which is man's response to the gift of God, who reveals His merciful love. Such an understanding of trust is also found in the writings of Sister Faustina. The word trust, in the school of spirituality of Saint Sister Faustina, means man's attitude towards God. In the inscription on the image that Christ ordered to paint, we find the words: Jesus I trust in You. Well, trust is man's first response to the knowledge and experience of God's loving and merciful love. This word has a very rich meaning, as it defines not only faith in the existence of God, in His Omnipotence, in revealed truth. from him, but also the attitude of man's entire life towards him, which is expressed in the fulfillment of his will contained in the commandments, in the obligations derived from the state or in the recognized inspirations of the Holy Spirit. Trust in the writings of Sister Faustina is identical to the biblical expression of faith, it means the entrusting of one's life to God as the best Father, who desires

nothing else for man except his earthly and eternal happiness. His will - as Sister Faustina often said - is the same Mercy for us. Precisely our fulfillment of God's will shows the concrete measure of our trust in God. The Lord Jesus said to Sister Faustina:

The graces of My Mercy are drawn from a single vessel, and this is trust. The more a soul trusts, the more it gets. The souls who have unlimited trust are of great comfort to Me, and on such souls I pour all the treasures of My graces. I am happy when they ask a lot, since it is My desire to give a lot, indeed a lot. It saddens me instead if souls ask for little, compressing the desires of their hearts (D. 1578).

In Sister Faustina's life, the attitude of trust has a dynamic character. Sister Faustina, in developing an attitude of trust, used very simple, ordinary means accessible to all. But she applied them consistently, which at times required a great strength of spirit, radicalism, refusal to compromise in the struggle, as she said, with corrupt nature. The construction of an attitude of trust required of her a continuous conversion, she had to overcome herself, not only her own weaknesses, but also her natural abilities, for example the logic of reason, because at times God put her in a position to have to deny her own reason, to abandon the logic of human thinking to trust Him, and consequently accept and fulfill His will. The Lord greatly appreciated Sister Faustina's care in developing an attitude of trust, He said:

You have great and inexpressible rights over My Heart, since you are a daughter of full trust (Diary 718).

A very important role in the development of the attitude of trust in the life of Sister Faustina, was her continuous practice which consisted in union with the Merciful Jesus who lived in her soul, and the contemplation of the mystery of Divine mercy in her daily life. But first the discovery of God in one's soul had to take place. The Lord warned her of His presence in the soul and wanted Faustina to make the decision to join Him. Contemplation of God living in the strengthened soul, with the continuous practice of union with Jesus, through the help of an ejaculation or of another act of love expressed differently, influenced the development of his attitude of trust, because the One in whom he had deposited all his trust was close, he was very close, very closely united, as is impossible in human relationships. He, who dwelt in his soul, is the Creator who keeps the whole world in existence, and is at the same time the Saviour, of whom Saint Paul said:

He loved me, and gave Himself for me (Ga 2:20).

Knowledge of the mystery of Divine Mercy and its contemplation in daily life are the foundations of the birth and development of an attitude of trust. Working on this attitude, Sister Faustina also employed other means, such as prayer and the care of the ascetic life, eliminating all that hindered the ever more perfect union with God. She took care to acquire the virtues, that is, the positive moral skills, especially those which condition the attitude of trust that they are: faith, hope, charity, humility and contrition. The most important means for the growth of this attitude was the faithful fulfillment of God's will in daily life, because it is the expression of trust in God and also of the encounter with Jesus in examinations of conscience. She faced a very important test of confidence in times of suffering and painful spiritual experiences. Then she did not seek consolation from men but went before the tabernacle saying: even if I kill myself, I will trust in You (Diary 77). When my soul is tormented I think only this way: Jesus is good and full of mercy and even if the earth opens under my feet, I will not cease to trust in Him (Diary 1172). Trust, as Sister Faustina's life demonstrates, is an essential element of the interior life, the basis of the aspiration to union with God. The Lord taught Sister Faustina that trust is a vessel for drawing graces (Diary 1578), a source of peace and happiness, because He himself will take care of the man who trusts in him (D.1273), he will return his trust and give him everything he asks for (D.1273). He assured: Whoever trusts in My mercy will not perish, since all his problems are Mine, and the enemies will break at the foot of my stool (Diary 723). He asked her to draw other souls to trust, especially the dying, and Sister Faustina fought for the salvation of souls, by inviting them to trust in the Divine mercy. Jesus said: I desire trust from My creatures. It exhorts the souls to a great trust in My unfathomable mercy (Diary 1059).

Thanks to trust, complete trust in God's will, filial trust in Heavenly Father in every situation, even in painful ones, great things came true in the life of Sister Faustina: on earth she reached the heights of mystical union with God and through her He was able to send the message of His mercy to the world, thanks to which many souls reach salvation (D. 1300).



Saint Faustina also employed other means, such as prayer and the care of the ascetic life. Here in her room after all work is done.

READINGS

Here are some reading about Trusting the Lord:

Prov: 3:5

Matthew 10:32-33

Catechism: #145, 1816

Faustina' Diary # # 47, 50, 55, 77, 718, 723, 1578

INVITATION

After reading about Trust, we should have:

1. A better understanding of the promises associated with the image of Divine Mercy and understand:
2. The importance of trust, simplicity and humility in our daily life

And be able to answer the following questions:

1. Where does Jesus want the image to be venerated? (Diary 47)
2. How does Jesus feel when a soul does not trust him? (Diary 50) and how can we help others in dealing with their problems?
3. What traits are important for us to receive graces? (Diary 55)