Speed Control Power Endurance

Jim Chapin

Musical Exercises by Jim Chapin

Presented here as they would be in a private lesson.

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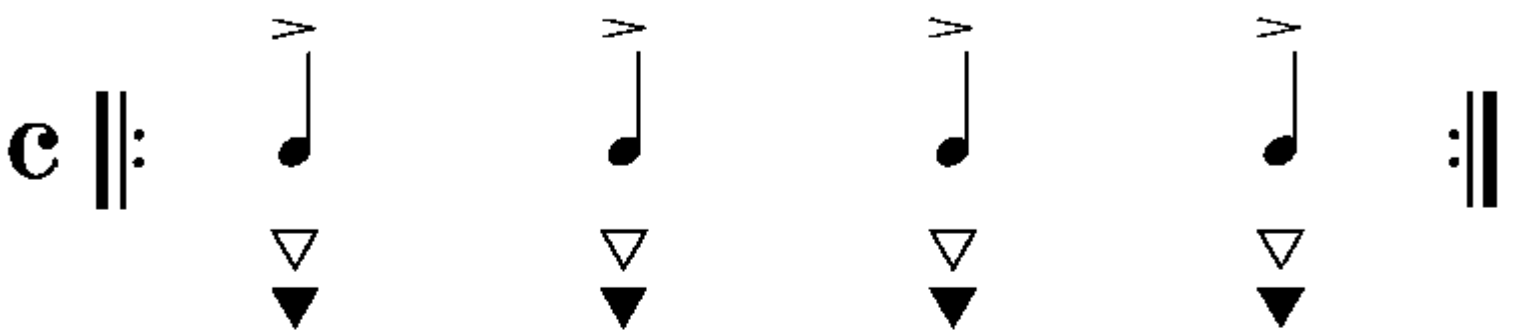
Booklet edit by Stephane Chamberland

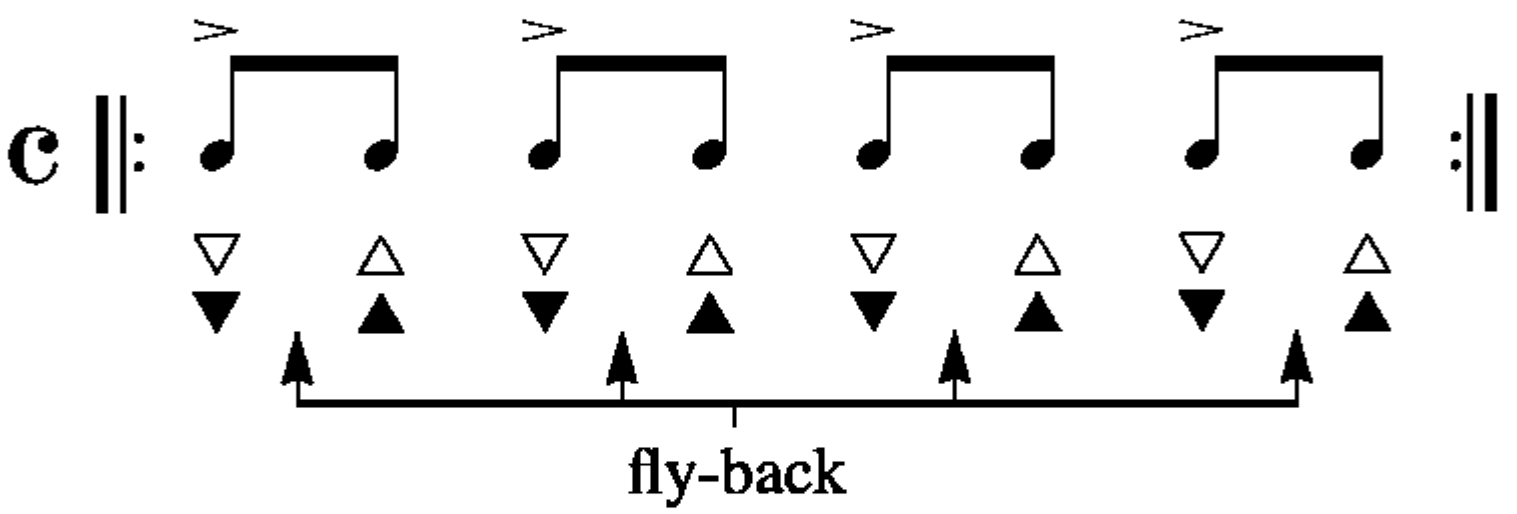
Jim Plays SABIAN CYMBALS, DW DRUMS, REAL FEEL PRACTICE PAD, VIC FIRTH STICKS and EVANS DRUMHEADS

The Moeller Method

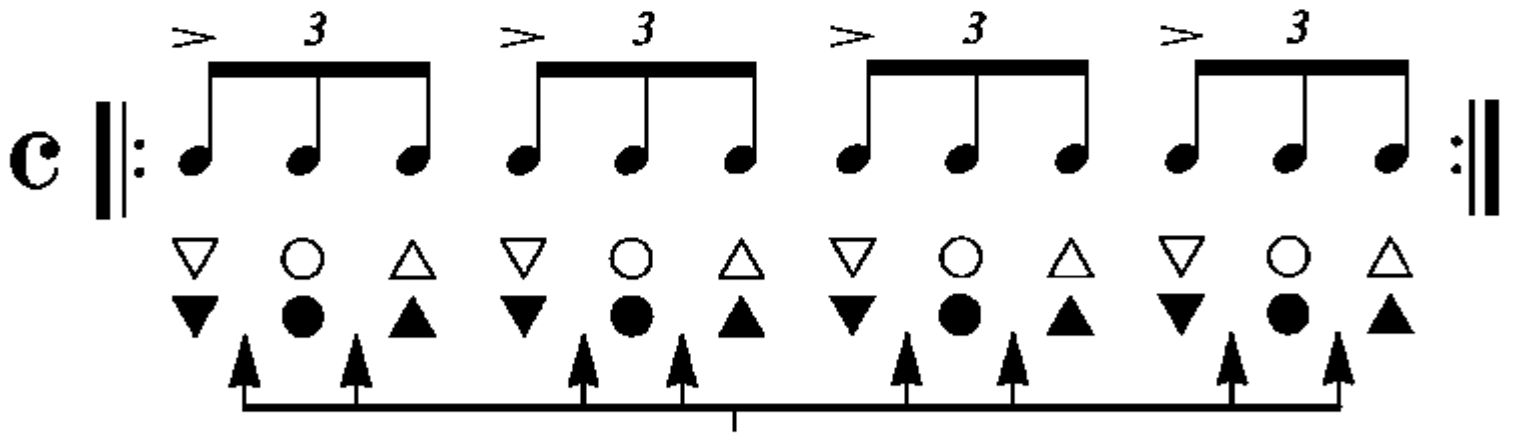
*Some Basics**

Right hand tap or single ○
Left hand tap or single ●
Right hand down stroke ▽
Left hand down stroke ▼
Right hand up stroke △
Left hand up stroke ▲

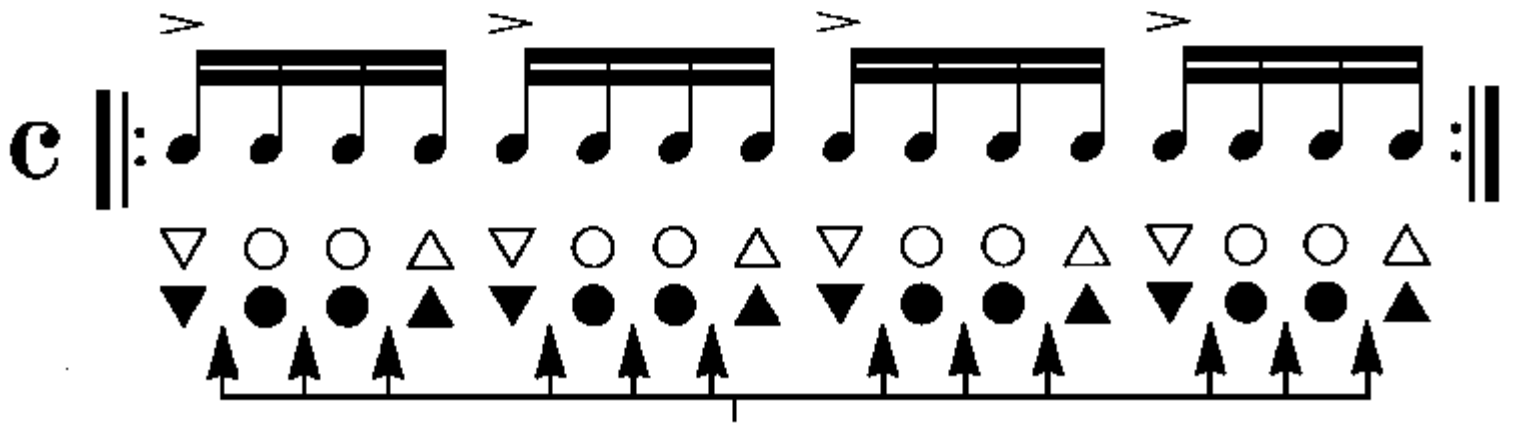




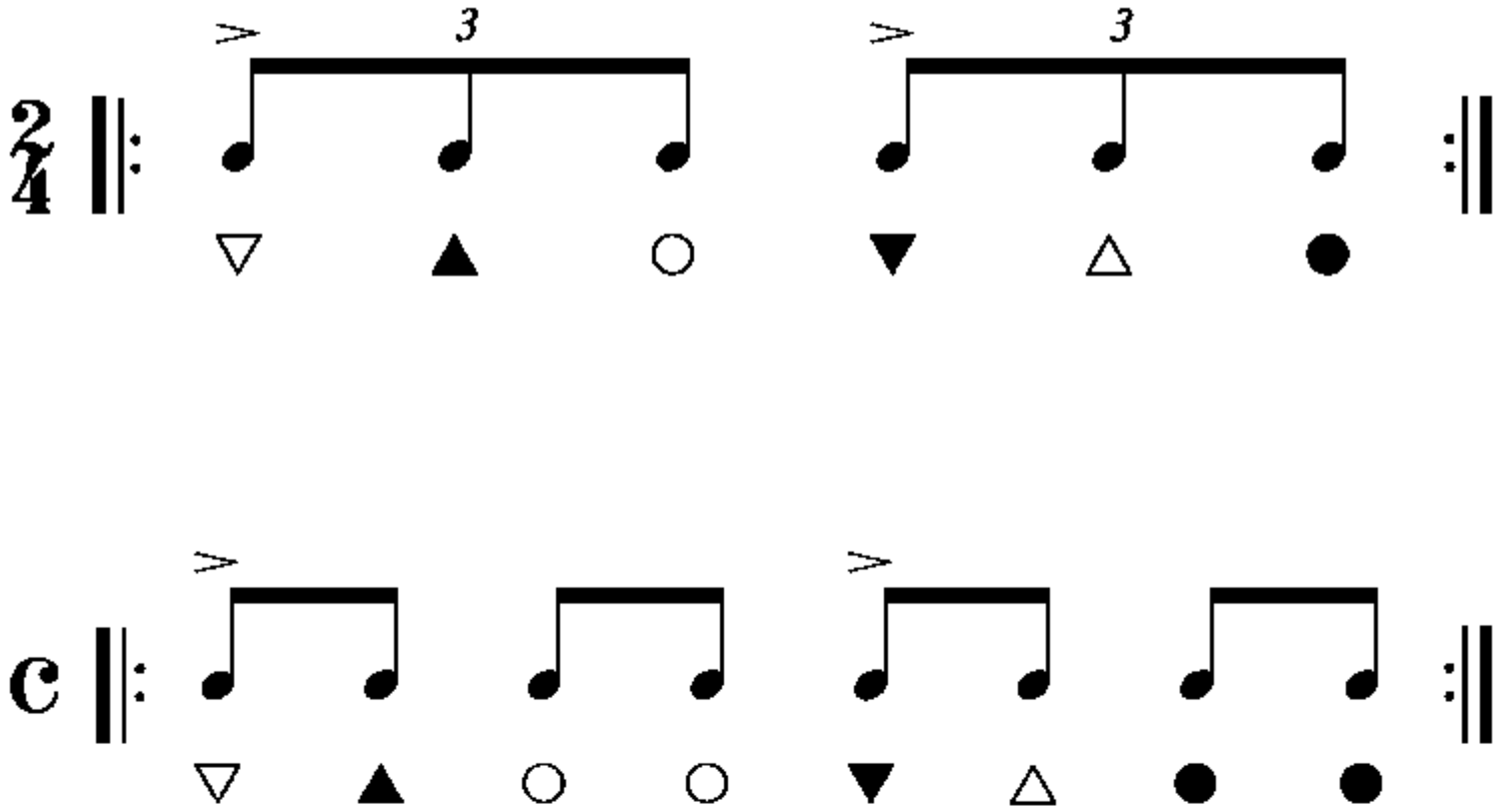
fly-back



fly-back



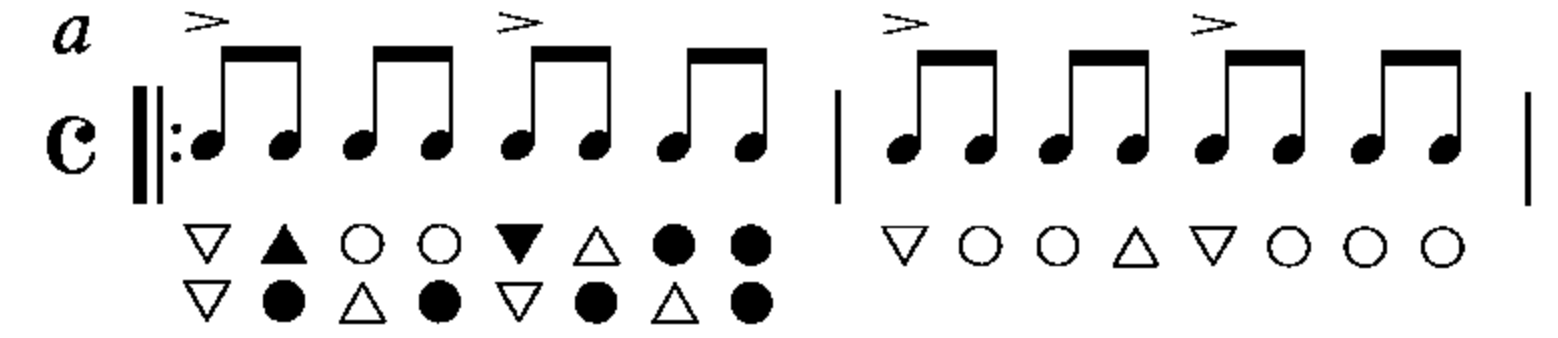
fly-back

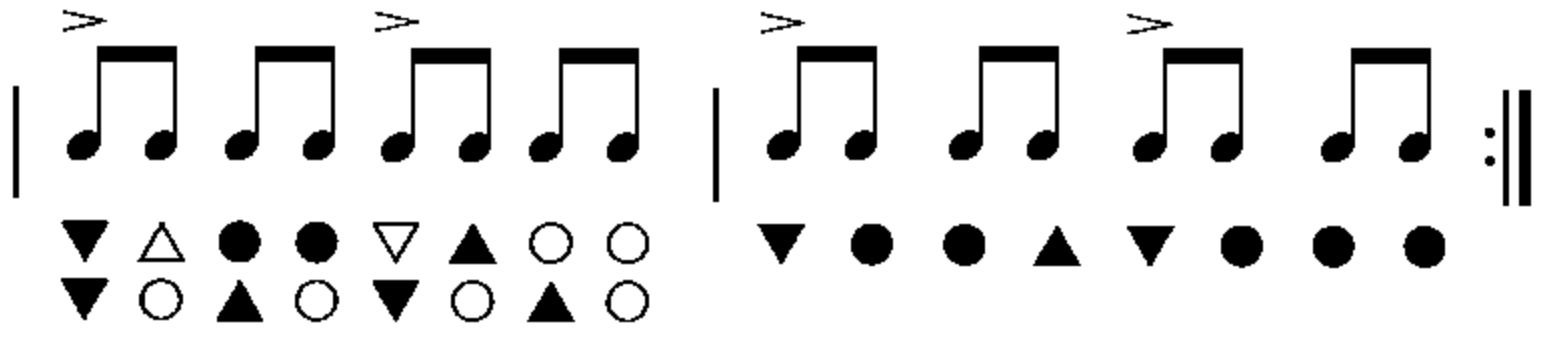


* The "downs and ups" indicate the direction the hand is traveling at the time of the "hit." The "fly-backs" refer to the tips of the sticks.

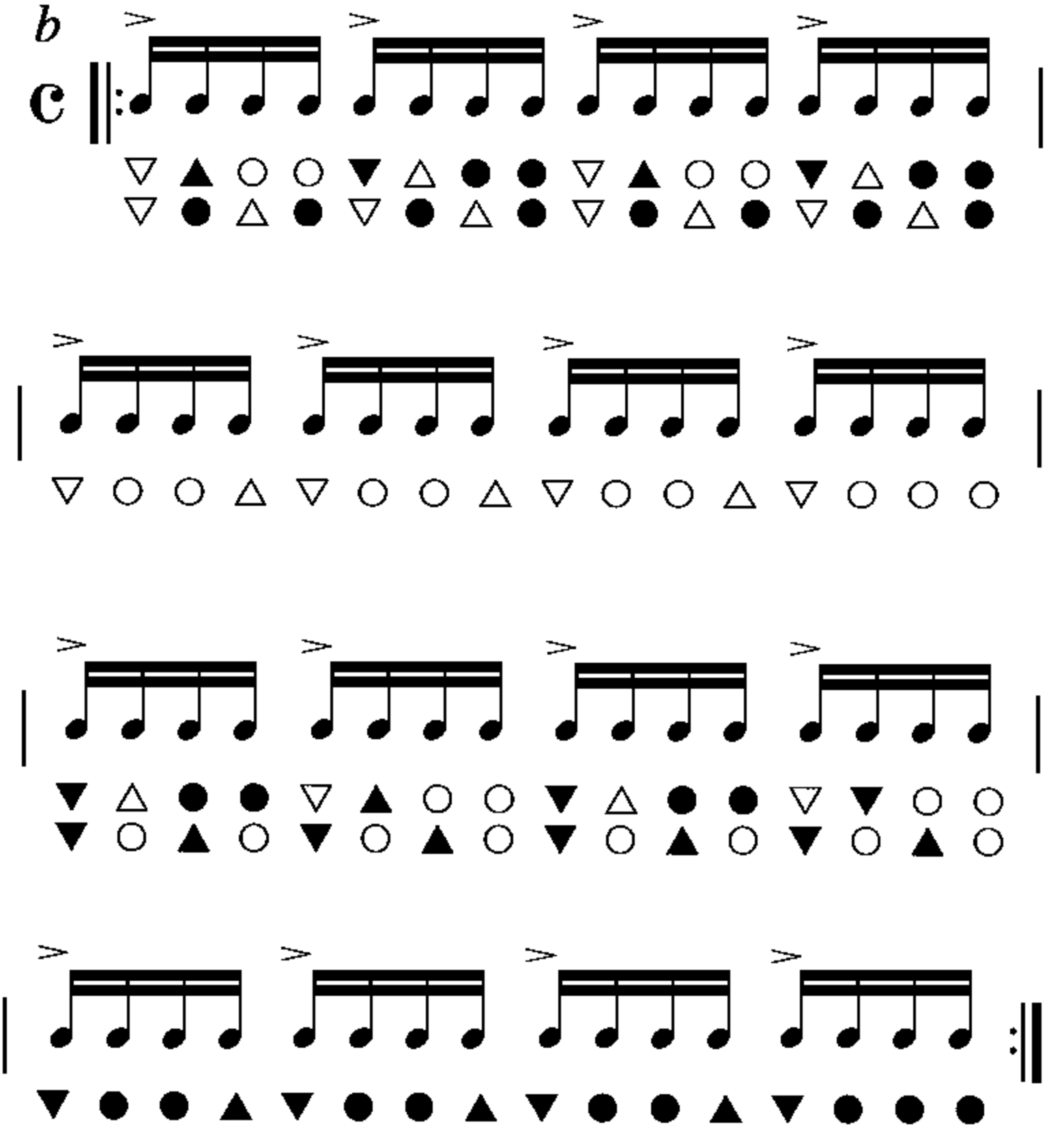
2

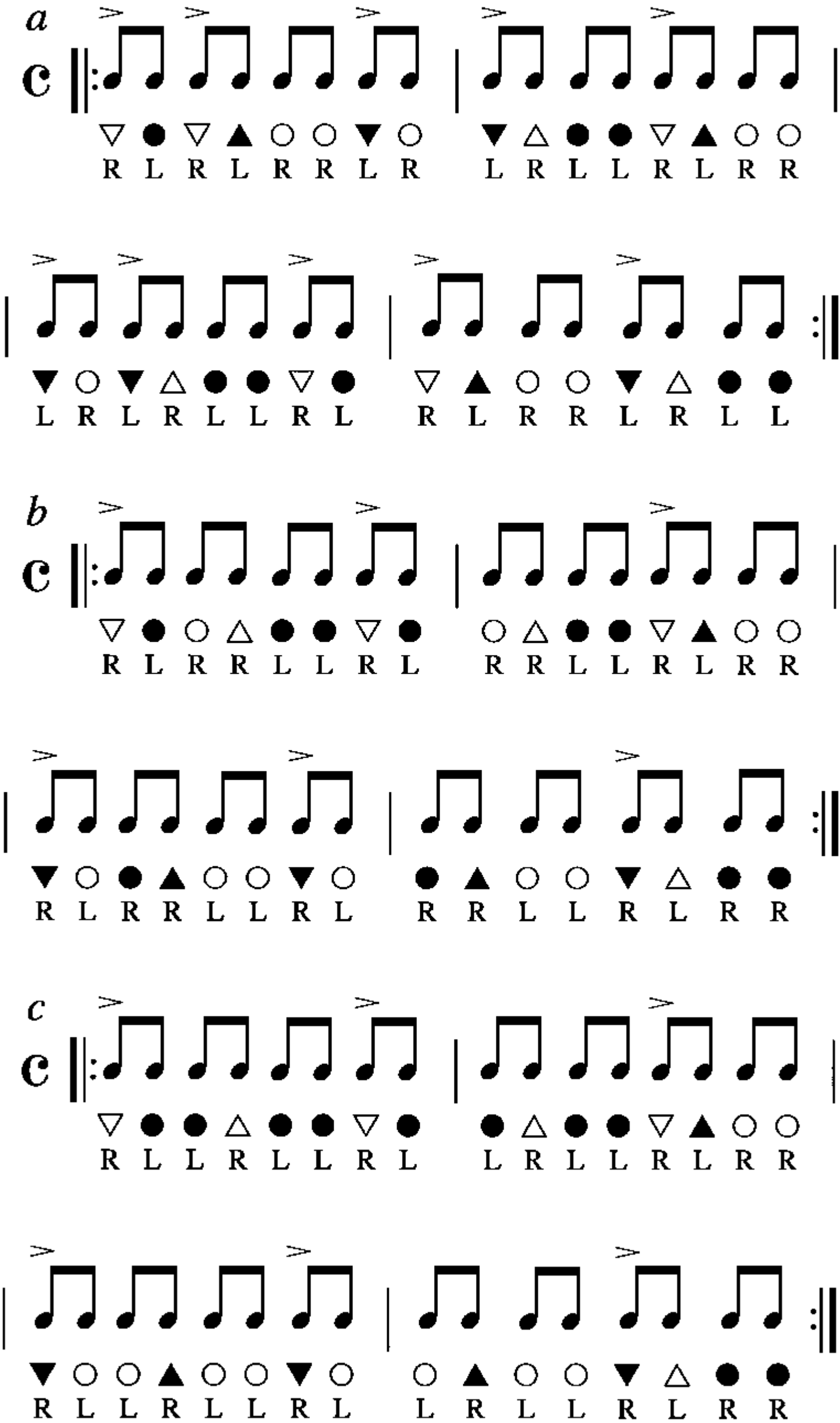
a

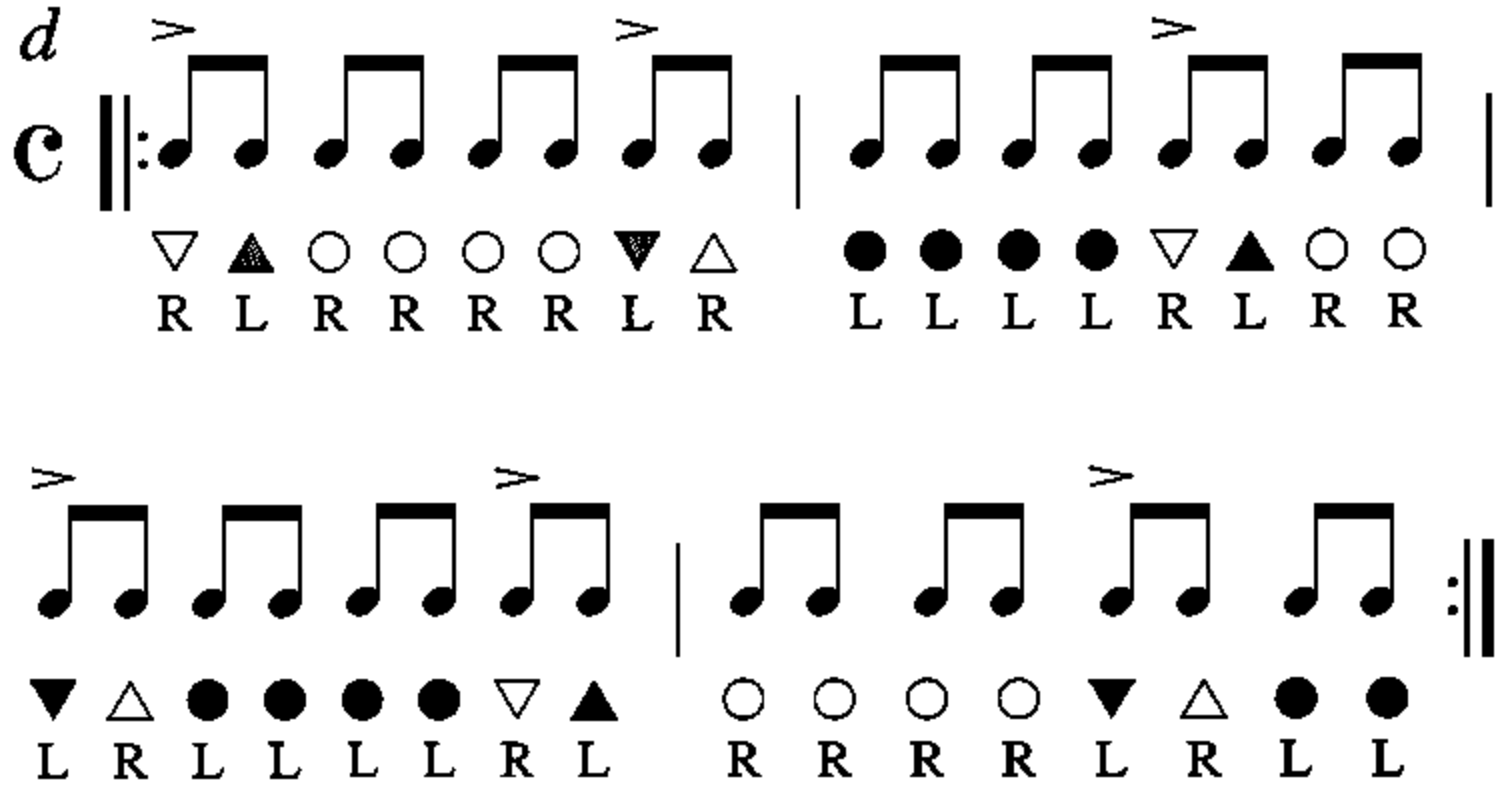




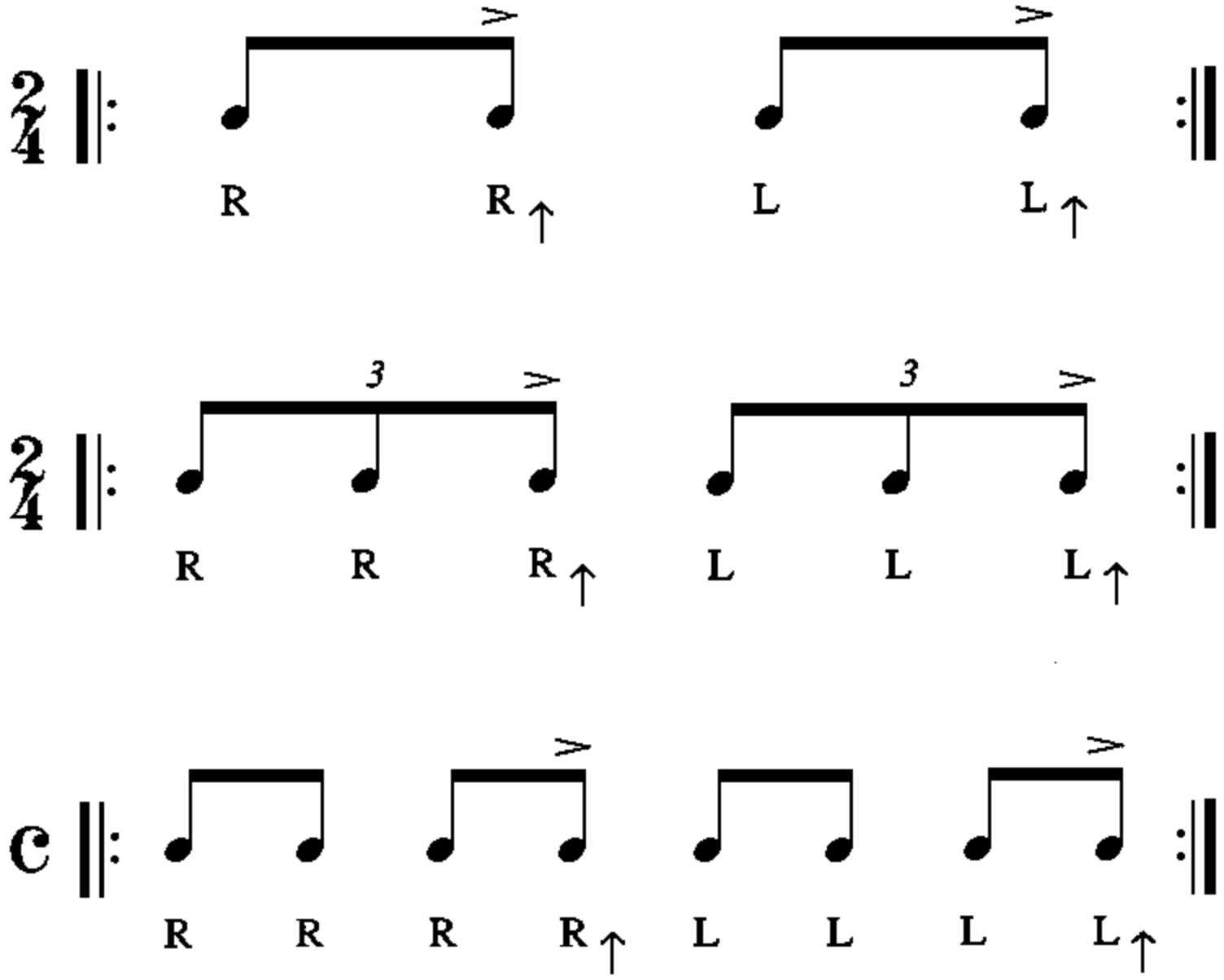
b

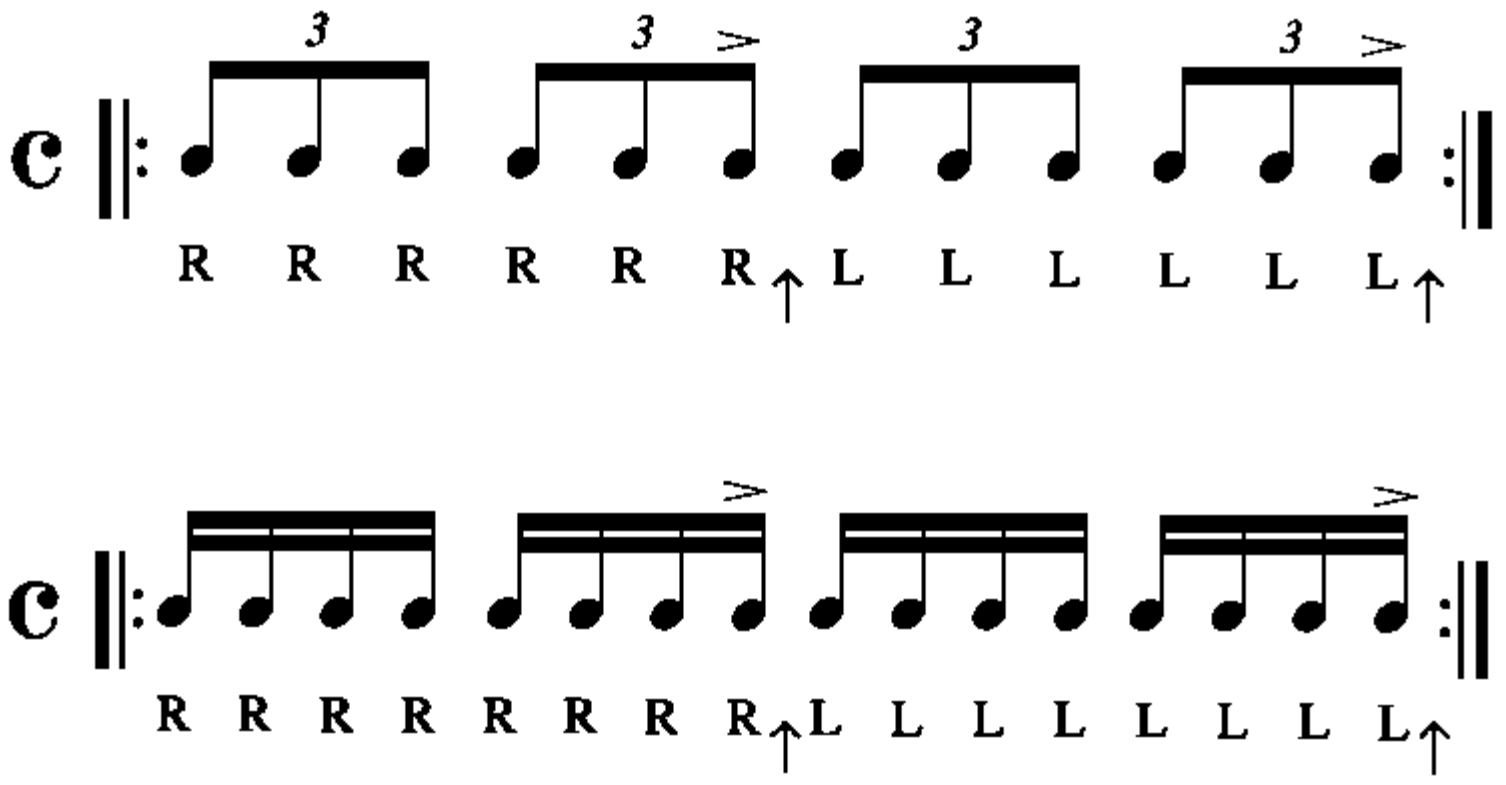



a
R L R L R R L R
L R L L R L R R
L R L R L L R L
R L R R L R L L
b
R L R R L L R L
R R L L R L R R
R L R R L L R L
R R L L R L R R
c
R L L R L L R L
L R L L R L R R
R L L R L L R L
L R L L R L R R

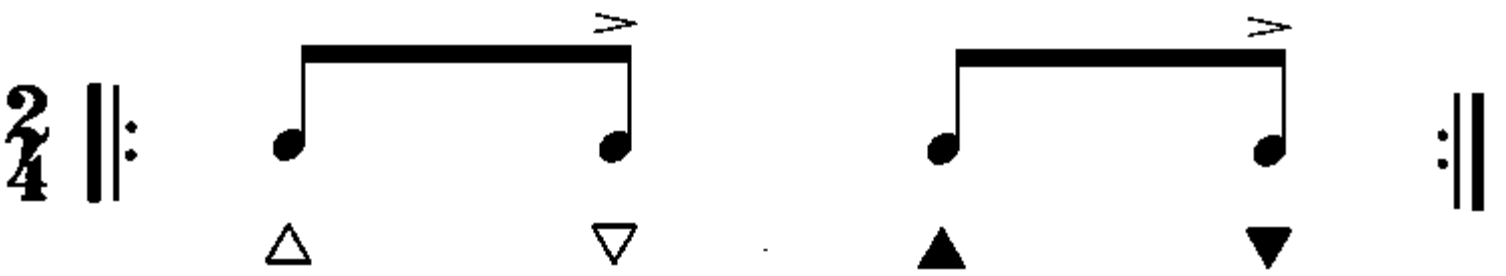


"Pull-out" accents are made at the end of a normal series of taps by squeezing at the last moment, and pulling the tips away. These are building-blocks for the ruffs.

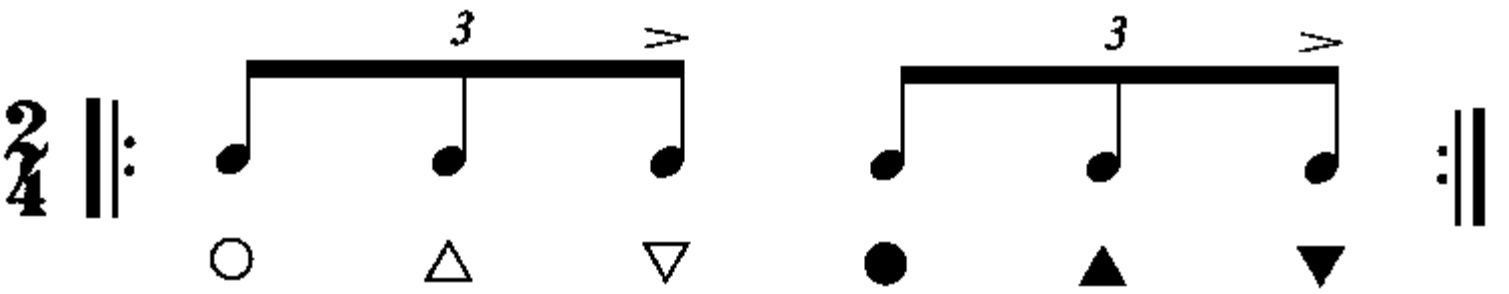




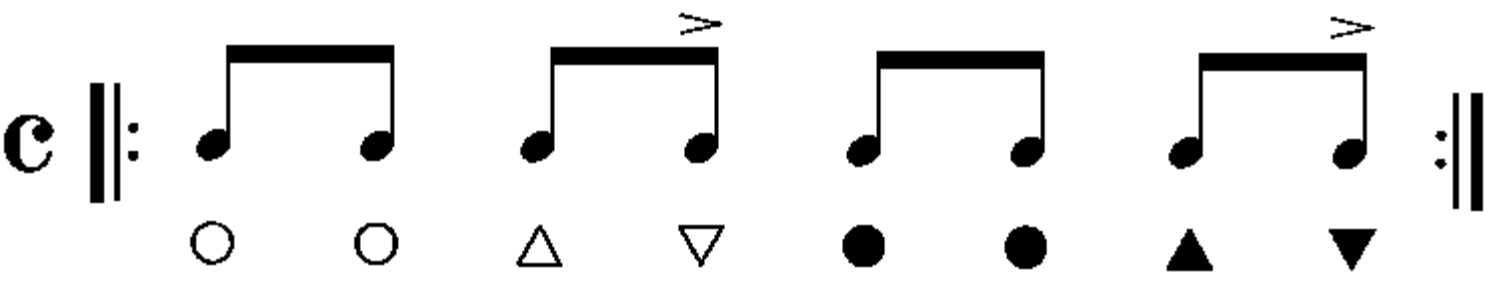
The same patterns can be played by alternating up-down strokes,



tap-up-down strokes.



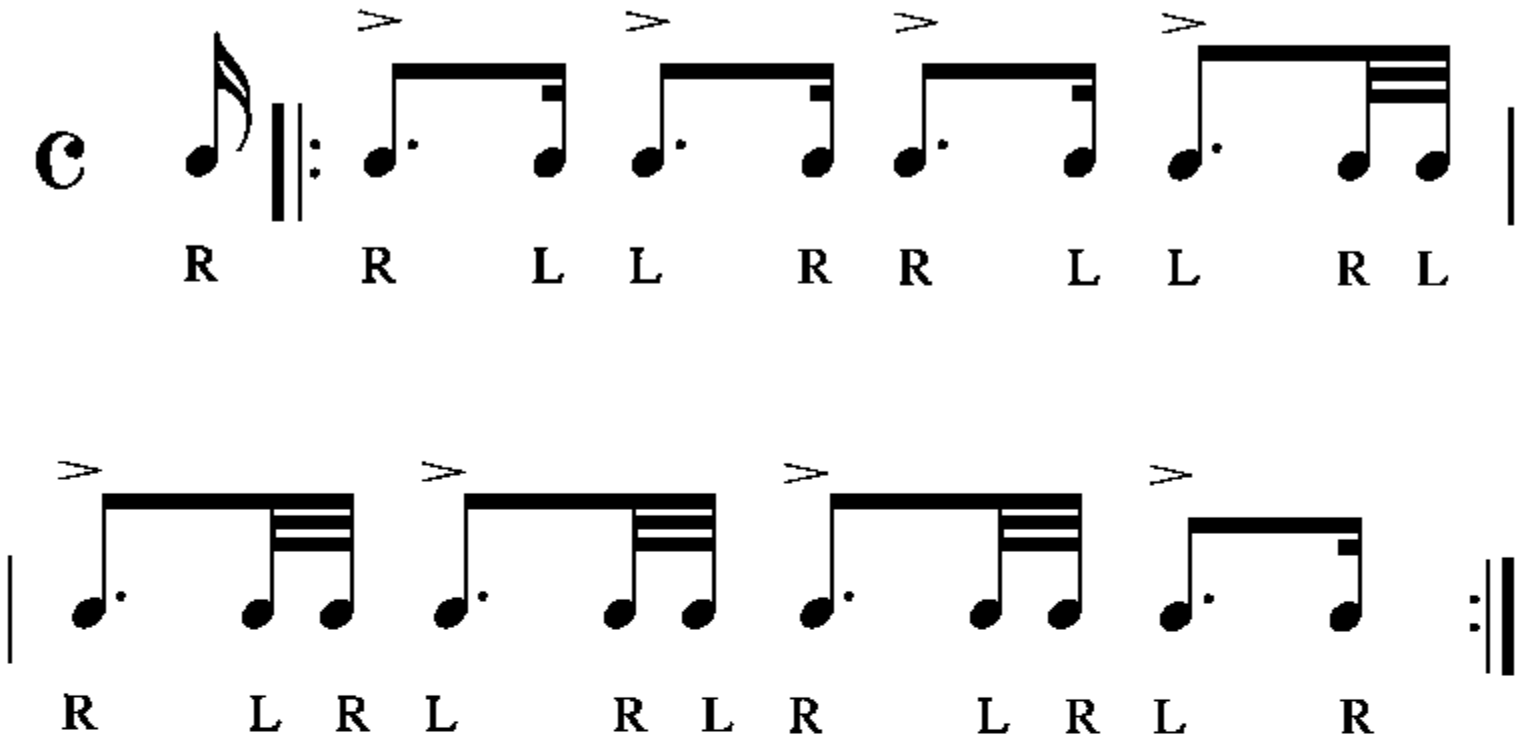
tap-tap-up-down,



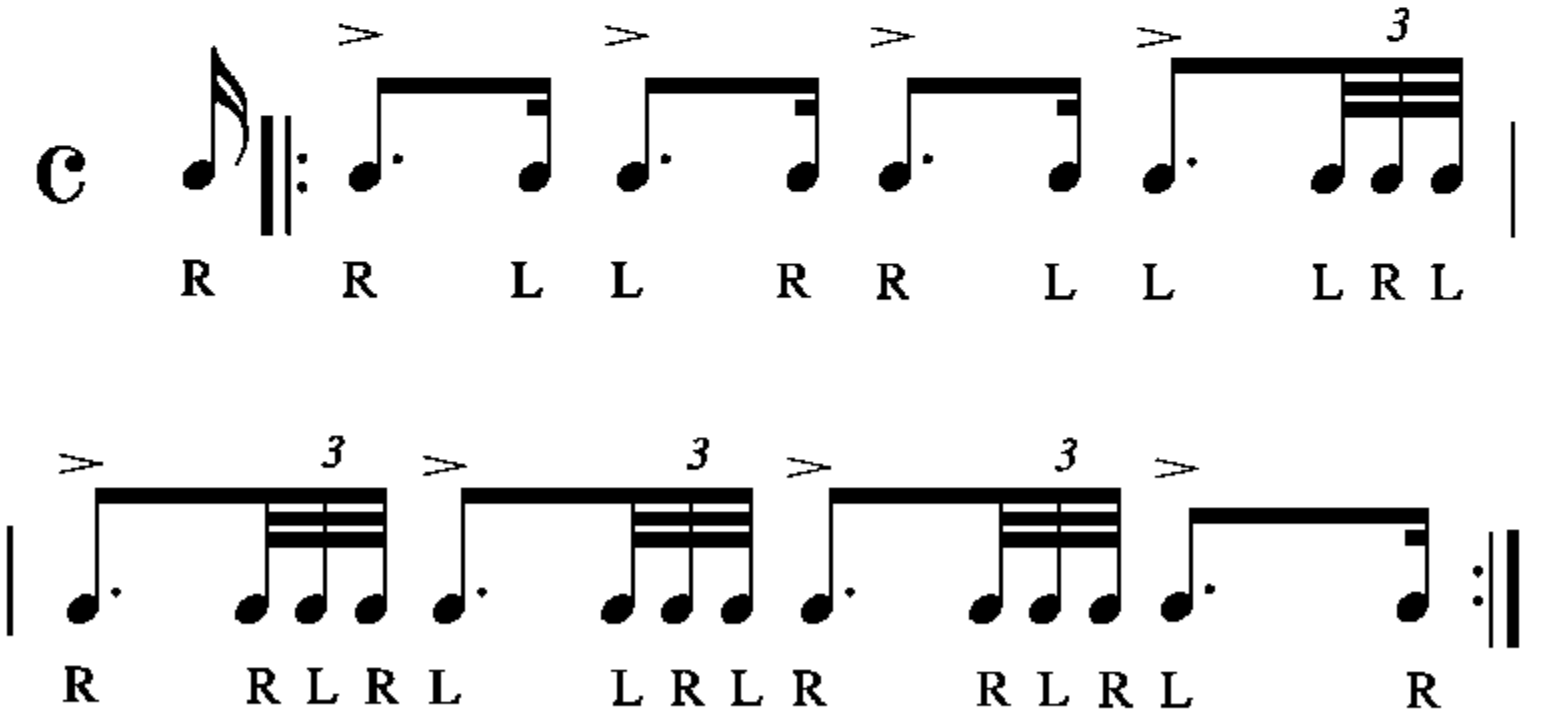
etc…

Exercises for the Ruff

3 stroke

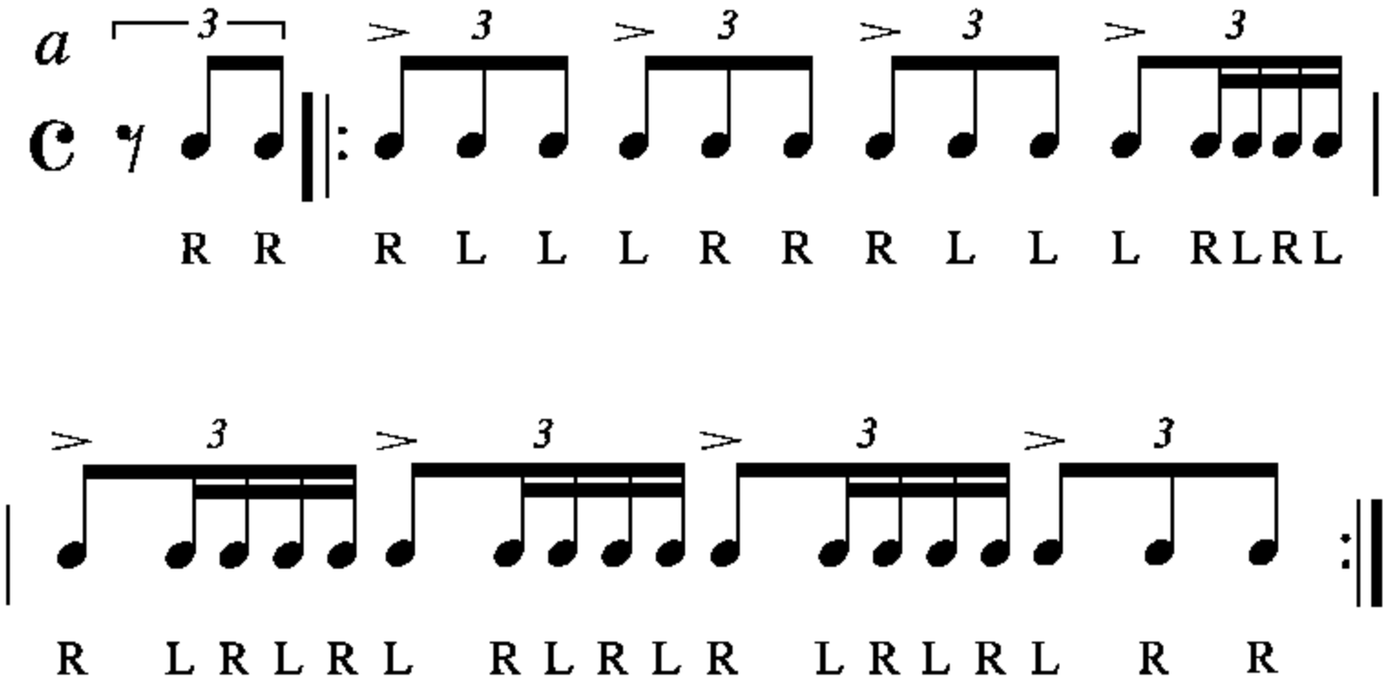


4 stroke

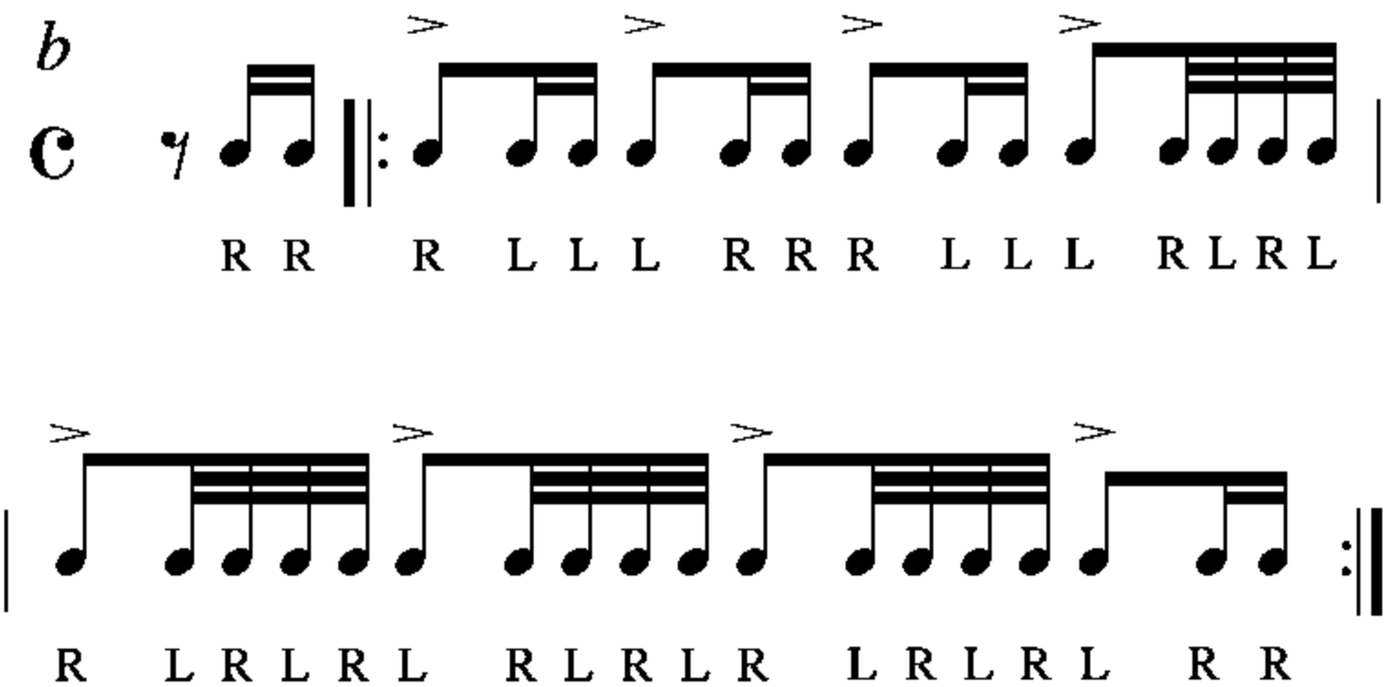


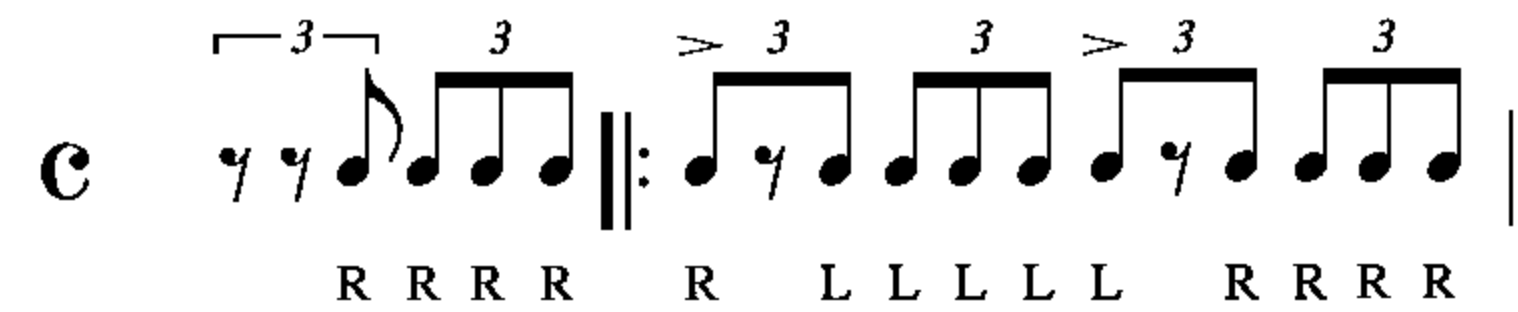
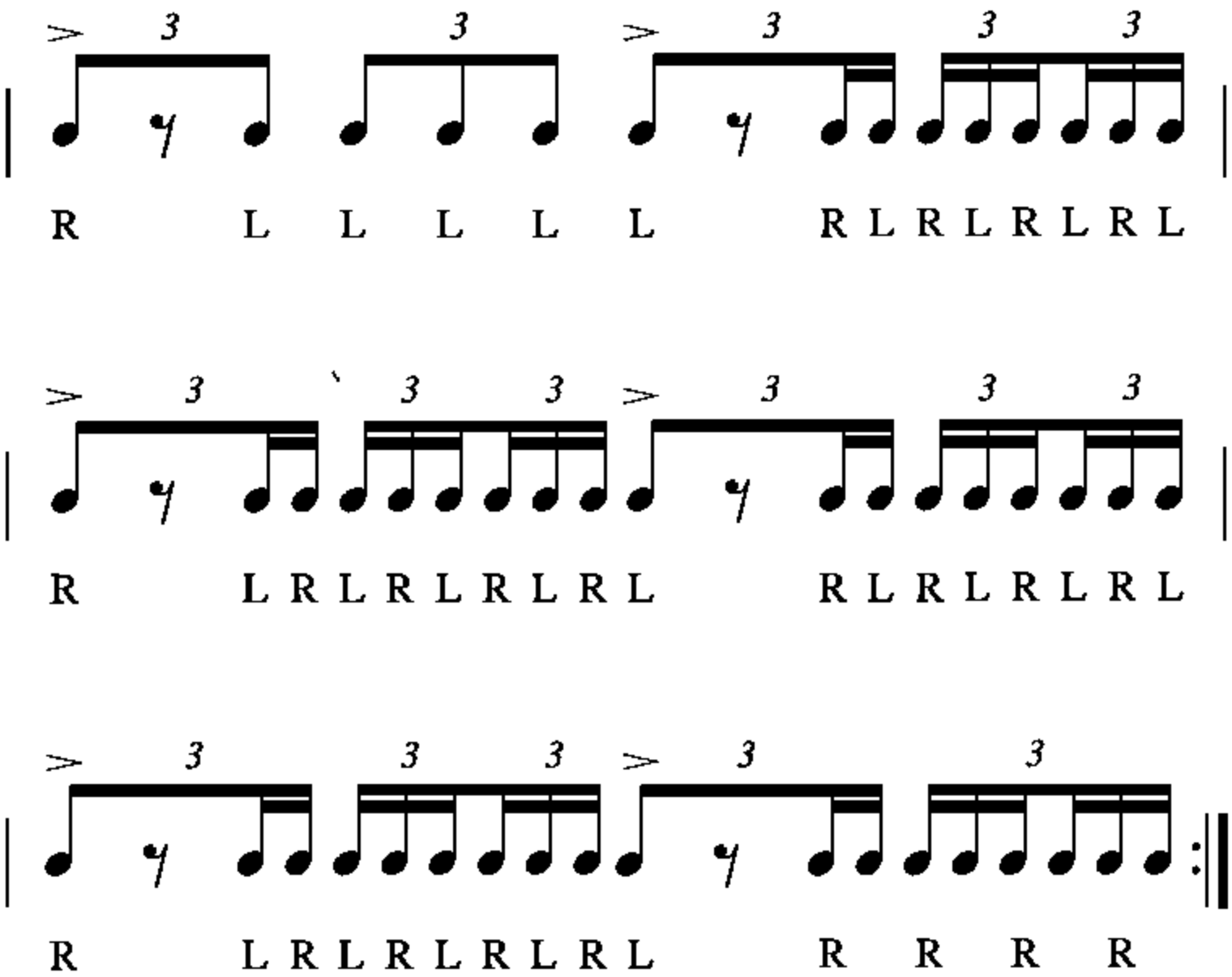
5 stroke

a


3
R R R L L L R R R L L L RLRL
R L R L R L R L R L R L R L R L R R

b


R R R L L L R R R L L L RLRL
R L R L R L R L R L R L R L R L R R

7 stroke

9 stroke