

Schedule for 2019				
	Type of class	Time	Instructor	Level
Monday	Pre-Natal Yoga	10:00 - 11:00am	Gerri	Private Class
*Tuesday	Hatha (New Class)	7:00 - 8:00pm	Ra	Beginners
Wednesday	Hatha	8:00 - 9:00am	Ra	All
	Pre-Natal Yoga	10:00 - 11:00am	Gerri	Private Class
Thursday	Kids Yoga	4:45 - 5:45pm	Ra	Private Class
Friday	Hatha	8:00 - 9:00am	Ra	All
	Pre-Natal Yoga	2:30 - 3:30pm	Gerri	Private Class
Saturday	Hatha	9:00 - 10:00am	Ra	All
Sunday	Gentle Flow	9:00 - 10:00am	Alia	All
Kindly BOOK your mat space at least 12 hrs prior to class time. Private group classes or one to one sessions can be arranged upon request. Please PM@0122848624. Thank you!				
* Availability of class is subject to confirmation of attendance of at least 4 pax. Pls confirm attendance before 7pm a day prior. Thank you!				