

## Lesson #4 Review Questions

### Psalms 73-76

1. What does Psalms 139:13 say? Write it below
2. Why does God discipline us?
3. How do you “feel” when being disciplined?
4. What does the word “fear” mean in verse 74?

### Psalms 77-80

1. What are we asking to be surrounded with?
2. What is a “delight” for us?
3. What are we supposed to do with Gods commands in verse 78?
4. Write out verse 80 below- anything you want to share about this verse?

### Psalms 81-88

1. What are we doing in verse 81?
2. What are we doing in verse 84?
3. What is trustworthy in verse 86?

### Psalms 89-91

1. God’s Word is what?
2. How long does God extend his faithfulness?

### Psalms 92-96

1. What do we work hard at?
2. What has “limits” in this life?
3. What has NO LIMITS?

## “A Joyful Journey – Lesson #4

Psalms 119:73-96

73 You made me; you created me .Now give me the sense to follow your commands.74 May all who fear you find in me a cause for joy, for I have put my hope in your word.75 I know, O Lord, that your regulations are fair; **you disciplined me because I needed it.**76 Now let your unfailing **love comfort me**, just as you promised me, your servant.77 **Surround me** with your tender mercies so I may live, for your **instructions are my delight.**78 Bring disgrace upon the arrogant people who lied about me; meanwhile, I will **concentrate on your commandments.**79 Let me be united with all who fear you, with those who know your laws.80 May I be blameless in keeping your decrees; then **I will never be ashamed.**

81 I am worn out **waiting** for your rescue, but I have **put my hope in your word.**82 My eyes are **straining** to see your promises come true. **When** will you comfort me?83 I am **shriveled** like a wineskin in the smoke, but I have not forgotten to **obey your decrees.**84 How long must I **wait?** **When** will you punish those who persecute me?85 These **arrogant people who hate your instructions** have dug deep pits to trap me.86 All your **commands are trustworthy.** **Protect me** from those who hunt me down without cause.87 They almost finished me off, but **I refused to abandon your commandments.**88 In your unfailing love, spare my life; **then I can continue to obey your laws.**

89 Your eternal **word**, O Lord, **stands firm** in heaven.90 Your **faithfulness extends** to every generation, as enduring as the earth you created.91 Your **regulations remain true** to this day, for **everything serves your plans.**92 If your instructions hadn't sustained me with joy, I would have died in my misery.93 I will **never forget your commandments**, for by them **you give me life.**94 **I am yours**; rescue me! For I have worked hard at obeying your commandments.95 Though the wicked hide along the way to kill me, I will **quietly keep my mind on your laws.**

96 *Even **perfection has its limits**, but your commands have no limit. (Believers Bible Commentary says this: The very best things in this world fall short of perfection and come to an end, but the Word of God is perfect and infinite*

*The more we get to know the Bible, **the more we realize how far short we ourselves come.***

## “Disciplined With His Love” – 73-76

73 You made me; you created me. Now give me the sense to follow your commands.74 May all who fear you find in me a cause for joy, for I have put my hope in your word.75 I know, O Lord, that your regulations are fair; you disciplined me because I needed it.76 Now let your unfailing love comfort me, just as you promised me, your servant.

- *God made me and created me.*
- *Give me sense to follow your word.*
- *I have put my hope in your word.*
- *His regulations (commandments) are fair*
- *You discipline me because I need it.*
- *Let your unfailing love comfort me.*

**73.You made me; you created me** – this reminds me of a verse in the bible where God speaks of knowing me before I was born, while still in my mother’s womb, at the moment of conception. God has always been there for me, leading me to His saving Grace. (Psalm 139:13 -(NLT)- You made all the delicate, inner parts of my body and knit me together in my mother’s womb).

I can’t say how this all works, but I do believe we all have an appointed time for our salvation, some at an early age and some at an older age. Whatever age it may be, I pray we respond to His calling when He does convict and call us to Him. ***(We need to find the verse in the bible that talks about our Salvation is a daily walk – Saved once, but daily work it out in our lives)***

The days are getting shorter and shorter, the times show that the bible is being fulfilled and Jesus is coming soon! Do you know Him as your Savior? Has the Holy Spirit been tugging at your heart? Don’t keep putting Him off, you don’t know when He may say this is your last day on this earth; be ready to go when He calls you. He made us, He created us for a purpose and that does not mean going through life aimlessly without purpose, hope and His direction. Father show us what your will is for our lives and help us be motivated and passionate about following through with what you want us to do. “Now give me the sense to follow your commands”. Amen and Amen.

74. **“May all who fear you find in me a cause for joy, for I have put my hope in your word”**. When I meditate, ponder on this verse this morning, I see the word “fear” as meaning “respect” and not fear as in being afraid of someone or something. This verse is telling us, that those who are Christians and hold dear to (respect, reverence and know Jesus as their Savior), also find or see in us and our lifestyle Jesus love, joy, and hope, and that they enjoy being around us. May we be a joy to be around and also be willing to share hope filled words from Jesus.

How is your attitude lately? Is it gloom and doom? Do people shy away from being around you because you have a tendency to be negative or complaining all the time? Only if the shoe fits..... you can change shoes and put on some new ones.

If you're in a rut, don't stay there. God's Word tells us we will have troubles in this life, that's a given. Remember that simple saying: Make lemonade out of lemons. Be sweet-it will take work around some people I know. God help us be a joy to be around!

**75. "I know, O Lord, that your regulations are fair; you disciplined me because I needed it".** I always say "It hurts good". If you're a parent you know all about how important it is to discipline your children and grandchildren, it's for their own good. God does the same thing with us. If we are not willing to listen and obey, we are guilty of causing Him to discipline us in order to get us turned around and going in the right direction again.

Do you need disciplined right now? Have you been disciplined lately? Do you realize why the discipline has come upon you? Pray about it, ask God to help you through whatever it is you're going through right now. Walk by faith, not by sight. Trust Jesus that He knows what is best for you; He oftentimes wants us going a totally opposite direction of what we think we want. I can't begin to count the many times in my life where I did NOT want to go a certain direction, only to find out, that was exactly where God wanted me; when I gave in and decided to obey and follow His directions, I was and am blessed!

Now let your unfailing love comfort me, just as you promised me, your servant. Amen and Amen.

## “Blameless in Him” -77-80

77 Surround me with your tender mercies so I may live, for your instructions are my delight.78 Bring disgrace upon the arrogant people who lied about me; meanwhile, I will concentrate on your commandments.79 Let me be united with all who fear you, with those who know your laws.80 May I be blameless in keeping your decrees; then I will never be ashamed.

- Surround me with your tender mercies
  - Your instructions are my delight
- I will concentrate on your commandments
  - Let me be united with other believers
    - Help me be blameless
  - I will never be ashamed of you!

### Prayer to Jesus

*Father surround me with your tender mercies so I may live a life that is pleasing to you, one day at a time. Help me concentrate on the commands and scriptures in your Holy Word. Guide me to the place of worship where you want me to be united with other believers in fellowship, forgiveness, grace and service; all of us working together for you, regardless of our denominations.*

*Help me be blameless and faithful, filled with compassion and a burning desire to keep your word hidden in my heart; it will be there for me when I need it in my daily temptations. Help me to be what you want me to be and fill me with the fruit of your Holy Spirit afresh every morning when I get up; in keeping this prayer I will not be ashamed of my faith or testimony for you. Amen and Amen.*

## “Despair or Deliverance” – 81-88

81 I am worn out **waiting** for your rescue, but I have put my hope in your word.<sup>82</sup> My eyes are **straining** to see your promises come true. When will you comfort me?<sup>83</sup> I am **shriveled** like a wineskin in the smoke, but I have not forgotten to obey your decrees.<sup>84</sup> **How long must I wait? When** will you punish those who persecute me?<sup>85</sup> These arrogant people who hate your instructions have dug deep pits to trap me.<sup>86</sup> All your commands are trustworthy. Protect me from those who hunt me down without cause.<sup>87</sup> They almost finished me off, but I refused to abandon your commandments.<sup>88</sup> In your unfailing love, spare my life; **then** I can continue to obey your laws.

### Waiting in despair and pain: Have you ever felt like this?

- *I am **worn out waiting** for your rescue.*
- ***When will you comfort me?***
- *I am **shriveled** like a wineskin in the smoke.*
- ***When will you punish those who persecute me?***
- *Arrogant people hate your instructions have dug **deep pits to trap me.***
- *Protect me from those who hunt me down without cause.*
- ***They almost finished me off***
- *I **refused** to abandon your commandments.*

The journey we're on today may not be “worded” exactly like these verses, but you get the gist of what the writer is feeling, and you can **empathize with him**. It may have been yesterday, or it may be tomorrow, but you feel the pain as you read these verses.

Thank God, there is light at the end of the tunnel and there is **HOPE** for us. We will “come out” on the other side with regained joy, peace and victory; but there is a price to pay to obtain our victory – it's called obedience and surrender to the Holy Spirit. The instructions are found in these very same verses. Do your part “obey the word” and the Holy Spirit of God will do His part to “walk you out of your despair”.

### How To - Reach and obtain the Mountaintop Journeys in Life

- *I have put **my hope** in your word.*
- *My eyes are **straining** to see your **promises come true.***
- *I **have not forgotten to obey** your decrees.*
- *All your **commands are trustworthy***
- *In your unfailing love, **spare my life***
- *I **can continue to obey** your laws.*

No need to add any comments to these verses, they are plain and simple. Follow these directions and you will overcome and obtain your promises. Don't forget to thank Jesus when you do “come out” of your valley's and reach the mountaintops again. We are quick to complain but slow to compliment and give thanks IN all things.

## “Gods Word Stands Firm” - : 89-91

89 Your **eternal word**, O Lord, **stands firm** in heaven.90 Your **faithfulness extends** to every generation, as enduring as the earth you created.91 Your **regulations remain true** to this day, for **everything serves your plans**.

- *His word is eternal*
  - *His Word stands firm forever*
  - *His faithfulness extends to the end*
    - *His regulations are true*
  - *His plans are always right in everything*
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- **God’s Word is Eternal** – everlasting, never changing, always true and comforting. All things pass away and get old, but NOT the Word of God. The one and ONLY thing in this world that is steadfast, secure, and never ever changes! Check it out.
  - **God is faithful**, yesterday, today and forever. ETERNAL and EVERLASTING grace, mercy, forgiveness and love. Have you ever had siblings or parents that were unforgiving and hard hearted and held grudges all through their life? Those same attitudes and feelings can be passed down to second and third generations, but it can stop with YOU! God is faithful and His love extends to “every generation”, so let’s pray and ask Him to help us extend mercy, love, and forgiveness to our current family members and every generation to come, pass that loving attitude on to our children and family members.
  - **Everything serves your plans** – I love the verse In Jeremiah 29:11 that says, “I know the plans I have for you, plans to give you hope and a future”. This is a very popular verse we often hear and find written on cards and plaques. The problem with so many “popular quotes or verses” is, that we see and hear it so much, we don’t really “hear it” and accept it for a fact, and act upon it. The other verse I love is, “Be thankful IN all things....” It does not say FOR all things. That small word IN changes the meaning of the entire verse. When we have stuff that makes us sad, mad, angry, etc. we are NOT thankful for those feelings or circumstances. But we need to ask God to help us Thank Him IN those things, so we can have better attitudes about what we’re dealing with. It Works TRY IT! You will be blessed.

## “I Will Never Forget!” - 92-96

92 **If** your instructions hadn't **sustained me** with joy, **I would have** died in my misery.93 **I will never forget your commandments**, for by them **you give me life**.94 **I am yours**; rescue me! For I have **worked hard at obeying your commandments**.95 Though the wicked hide along the way to kill me, **I will quietly keep my mind on your laws**.96 Even **perfection has its limits**, but your commands have no limit.

- *You sustain me*
- *You keep me from trouble/sin when I follow your instructions*
- *I will daily work on **not forgetting** your commandments*
- *(Hide your word in my heart that I might not sin against you)*
  - *You give me life, and eternal HOPE.*
  - *I surrender and die to self on a daily basis, I am yours*
- *I work hard at obeying your commands – but my works don't keep me saved-Jesus does*
  - *The wicked (satan)will try to destroy me with distractions and lies*
  - *I will keep quiet and keep my mind on you (it will keep me out of trouble and sin)*
    - *Nothing and no one is perfect but you!*
  - *Your commands stand true and have no limitations-Your word*