# "A Joyful Journey" #2



### Psalms 119:25-48- Lesson #2 - Review Questions:

#### Revive Me Lord – Psalms 119:25-32

- a) What did you think of when you read vs. 25 about lying in the dust?
- b) What are we required to do to gain understanding in vs. 27?
- c) What came to mind when you read vs. 28?
- d) Vs. 29 talks about "lying", what does this mean to you?
- e) What do we gain when keeping Gods commands in vs. 32?

#### Take Action – Psalms 119:33-35

- a) What are a couple of words that are repeated several times in these verses?
- b) What is the main theme of today's lesson? (Hint title of lesson)
- c) God does His work and we must do
- d) Obedience=\_\_\_\_\_.

### Renew My Life - Psalms 119:36-40

- a) What are we supposed to turn our eyes away from?
- b) What can we do with the verses in Psalms? How can we work them for our benefit?

#### Do you really trust Jesus? - Psalms 119:41-48

- a) Recite the "prayer" in your lesson together.
- b) How do we walk in freedom?
- c) What are some ways you can meditate on God's Word?

### "Help Us Be Honest Lord"!- 119:25-48



25 I lie in the dust; revive me by your word.26 I told you my plans, and you answered. Now teach me your decrees.27 Help me understand the meaning of your commandments, and I will meditate on your wonderful deeds.28 I weep with sorrow; encourage me by your word.29 Keep me from lying to myself; give me the privilege of knowing your instructions.30 I have chosen to be faithful and I have determined to live by your regulations.31 I cling to your laws. Lord, don't let me be put to shame!32 I will pursue your commands, for you expand my understanding.

33 Teach me your decrees, O Lord; I will keep them to the end.34 Give me understanding and I will obey your instructions; I will put them into practice with all my heart.35 Make me walk along the path of your commands, for that is where my happiness is found

36 Give me an eagerness for your laws rather than a love for money!37 Turn my eyes from worthless things, and give me life through your word. 38 Reassure me of your promise, made to those who fear you.39 Help me abandon my shameful ways; for your regulations are good.40 I long to obey your commandments! Renew my life with your goodness.

41 Lord, give me your unfailing love, the salvation that you promised me.42 Then I can answer those who taunt me, for I trust in your word.43 Do not snatch your word of truth from me, for your regulations are my only hope.44 I will keep on obeying your instructions forever and ever.45 I will walk in freedom, for I have devoted myself to your commandments.46 I will speak to kings about your laws, and I will not be ashamed.47 How I delight in your commands! How I love them!48 I honor and love your commands. I meditate on your decrees.

### "Revive Me Lord" -25-32



25 I lie in the dust; revive me by your word.26 I told you my plans, and you answered. Now teach me your decrees.27 Help me understand the meaning of your commandments, and I will meditate on your wonderful deeds.28 I weep with sorrow; encourage me by your word.29 Keep me from lying to myself; give me the privilege of knowing your instructions.30 I have chosen to be faithful, I have determined to live by your regulations.31 I cling to your laws. Lord, don't let me be put to shame!32 I will pursue your commands, for you expand my understanding.

### Prayer of Psalms 119:25-32

Revive me by your word. Teach me your decrees. Help me understand the meaning of your commandments, and <u>I will meditate on your wonderful deeds</u>. Encourage me by your word and keep me from lying to myself. <u>I have chosen to be faithful</u>, <u>I have determined to live by your regulations</u>. expand my understanding.

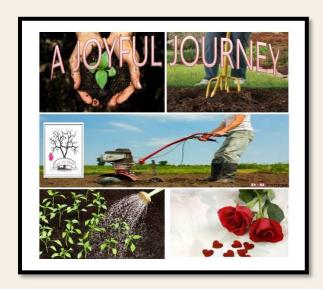
- Revive Me
- > Teach Me
- > Help Me
- > Encourage Me
- Expand my understanding
- 1. I will meditate on your wonderful deeds.
  - 2. I have chosen to be faithful
- 3. I have determined to live by your regulations

25 I lie in the dust; revive me by your word.26 I told you my plans, and you answered. Now teach me your decrees.27 Help me understand the meaning of your commandments, and I will meditate on your wonderful deeds.28 I weep with sorrow; encourage me by your word.29 Keep me from lying to myself; give me the privilege of knowing your instructions.30 I have chosen to be faithful, I have determined to live by your regulations.31 I cling to your laws. Lord, don't let me be put to shame! 32 I will pursue your commands, for you expand my understanding.

### Today's meditation/study came out in a line by line prayer:

- 25- When I am weary and worn down, revive me in your word.
- **26**-I've talked to you about my plans and have asked you to speak to me and show me the right way to go and see your favor in my life as I strive to obey your word.
- 27-Every day I ask, that when I open the word, you will give me fresh insight and understanding to what you have for me, and give the strength and grace to adhere to, and follow your instructions. Help me to meditate on your word; some days it will be by reviewing copied verses, or just remembering a few simple words from my study. Remind me of your word in the tough circumstances, when I really need you to show me what I am supposed to do or say to show a Christ like character.
- **28**-I am not weeping with sorrow, but there may be those that are, I can only pray you would lay that person on my heart to pray for them, text them, call them, email them, or send them a Salt Shakin Sister Card. There are many of us during sorrow and we pray through your awesome words in Psalms today, that you encourage us all and give us the hope we need to press on!
- 29-Here is the one for me last week don't lie to myself, help me live by your regulations. Think about this one for a few minutes. Are you being honest, really honest with yourself and God about some things that are in your life that may be "baggage" that needs cleaned out? Do you have some strongholds you need victory over? Be honest, ask God to show you what HE wants you to change or correct in your life.
- **30**-I have chosen a life of being a faithful Christian, (God did not tell us it would be easy, but it is worth it!) it is my desire to be faithful every day, I am determined to follow Jesus and daily seek His guidance through prayer and studying His Word = blessings. When you fail Him, get up, dust yourself off, don't get under condemnation that is a lie from the devil. Don't lie to yourself, AND don't let the devil lie to you either.31+32-I will cling to your Word and I ask for fresh understanding of it every time I open the Bible. Speak Lord Jesus, I am listening.

### "Take Action!" - 33-35



33 Teach me your decrees, O Lord; I will keep them to the end.34 Give me understanding and I will obey your instructions; I will put them into practice with all my heart.35 Make me walk along the path of your commands, for that is where my happiness is found.

Teach Me – Give Me – Make Me ----- I will, I will, I will practice what you tell me.

Today's verses are really repetitive and building on previous verses we studied. We learn and retain things when we read them *over and over and over*; we all learn differently, and God has no "time limit" on how fast or how far we are supposed to go in a bible study. The main thing is, spend time with our Father and ask Him to help us understand and HEAR what it is, He wants us to hear, every time we crack open the bible.

## "Renew My Life" - 36-40



Give me an eagerness for your laws rather than a love for money! Turn my eyes from worthless things and give me life through your word. Reassure me of your promise, made to those who fear you. Help me abandon my shameful ways; for your regulations are good. I long to obey your commandments! Renew my life with your goodness.

- 1. Give me an eagerness for your laws
- 2. Turn my eyes from worthless things
  - 3. Give me life through your word
  - 4. Reassure me of your promise
- 5. Help me abandon my shameful ways
- 6. Renew my life with your goodness.

I love this study in Psalms 119; every time we sit and meditate on His word, we see a new and fresh prayer in the word. It is such a gift and blessing from our Jesus, to be able to read God's Word and then pray it back to Him anytime we have the need to. If we don't hold some of these values in our hearts, all we need to do is ask our Father to fill us as we read and pray His word. - <u>Give me life through your word.</u> Amen

### Do you "really" trust Jesus and what His Word says? 41-48







41 Lord, give me your unfailing love, the salvation that you promised me.42 Then I can answer those who taunt me, for I trust in your word.43 Do not snatch your word of truth from me, for your regulations are my only hope.44 I will keep on obeying your instructions forever and ever.45 I will walk in freedom, for I have devoted myself to your commandments.46 I will speak to kings about your laws, and I will not be ashamed.47 How I delight in your commands! How I love them! 48 I honor and love your commands. I meditate on your decrees.

#### Praying Gods Word back to Him - Psalms 119:41-48

Lord, give me your unfailing love I trust in your word.

Your regulations are my only hope.

I will keep on obeying your instructions forever and ever

I will walk in freedom. I will not be ashamed.

I will meditate on your decrees.

Yes, we love Gods Word if we know Jesus as our Personal Savior, but do we "really" TRUST Him and take Him at His Word? I believe we strive to, but we also set limits on God. We trust Him to a certain degree, and if we can't see quick results when we pray, or ask God to do something for us, our trust tends to waver and weaken. Reading and meditating on God's Word helps increase our faith and trust in Him; we will never be able to fully trust Him without knowing Him through having that close relationship that only comes from spending time with Him.

If you have a friend, don't you spend a lot of time with them? How long did it really take you to become true friends? It took time, correct? How long was it before you "really" trusted them enough to confide personal issues with them; things that you would never tell anyone else?

This is the same thing we need to do with Jesus, and it won't happen when all you do is go to church on Sunday and never talk to Him until the next Sunday!

HOPE deferred makes a person sick and depressed. Have you ever felt hopeless? You were at your wits end? You couldn't see the light at the end of the tunnel. If one more bad thing happens to you, you are going to break. Life will oftentimes make us feel this way, and the only way out is when we regain our hope and vision that once kept us on track and motivated to press forward no matter what. God's Word is full of HOPE! But you won't know how to obtain it or how to receive it, if you don't check it out.

HOPE= Happy, Optimistic, Peaceful and Enthusiastic.