

# CONTAGIOUS JOY - BIBLE STUDY # 5



“Women of Faith Bible Study Series by: Several Authors” (5)

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## Chapter Five – Sing For Joy of Heart – Study Guide



Emotions were never meant to be bottled up inside. When we try to contain them, the pressure builds. Usually, we think of this mounting accumulation of strong feelings in negative ways. Too often, suppressed anger builds until it boils over in rash deeds and scathing words. But have you ever considered that our other good emotions tend to spill over into our lives as well? Take joy, for example. When our hearts are filled with joy to the point of overflowing, it bubbles over. And how do we express abundant joy? According to scripture we sing for joy of heart. *(Copied word for word from our authors study guide)*

1. In [Jeremiah 25:10](#), the prophet says that every sound of joy will be banished from the land. What examples of these joyful sounds does Jeremiah list?
2. We are not alone in our joy and rejoicing. What else does [Isaiah 55:12](#) say will break forth into song in the joy of worship?
3. In [1 Chronicles 16:31-33](#), what else rejoices before the Lord?
4. What sings for joy in [Job 38:7](#)?
5. What does [Job 21:12](#) say can accompany our rejoicing?
6. Where does the psalmist say he will go to praise God in [Psalm 43:4](#)?
7. What sacrifice does David say he will bring to the Lord in [Psalms 27:6](#)?
8. What does [Jeremiah 33:11](#) say?

9. What does [Psalms 33:3](#) encourage us to do?

***DIGGING DEEPER VERSES:** Look at Luke 19:37-40 – What does it say about praise?*

***Ponder and Pray:** This week, don't just ponder the joy you have in the Lord. Let it overflow! As you go through the week ahead, let your heart bubble over with praise. Put the prayers you pray to a tune. Break out a hymnal and learn the prayers of the past put to song. (copied from study guide)*

***Trinkets to Treasure:** We are told that if we won't give praise to the Lord, then the rocks will take over and do it for us! Our trinket this week is a stone. Put it somewhere where it can remind you to lift your voice in joyful song!. (Copied from study guide)*